We are a food systems social enterprise dedicated to helping young people who really need a hand. Make your next meal life-changing.

BREAKFAST

Served until 11.30am

Toast & spreads	7
Egg & bacon roll	10
Eggs your way	10
House granola	14
Middle Eastern baked eggs	16.5
Chips & aioli	7

— FEEL FREE TO BROWSE THE DISPLAY CABINET FOR MEALS ON THE GO —

SIDES

Bacon	5
Spinach	4
Avocado	4
Feta	4
Haloumi	4
House relish	2

[GF] Gluten Free • [DF] Dairy Free • [VE] Vegan • [V] Vegetarian

LUNCH 12pm - 2.30pm

m - 2.30pm (GF available for most items)

Saganaki – pan fried Olympus haloumi with a chickpea Greek salad [GF, V]	15
Pulled pork, BBQ mayo, Southern slaw on a milk roll	15
Chicken schnitzel, sriracha mayo, pickled vegetables on a milk roll	15
STREAT vegie burger, tomato, dill pickle, lettuce, vegan mayo in a ciabatta bun [VE]	14
Spicy brisket sandwich with apple slaw, cheese, mustard and BBQ sauce	16.5
9" Pizza – house made on organic stoneground base with Portobello mushroom, mozzarella cheese, fresh rocket, tomato base	15
9" Pizza – house made on organic stoneground base with prosciutto, mozzarella cheese, fresh rocket, tomato base	15
Handmade Gnocchi alla sorrentina – tomato sugo, thyme & parmesan	18
Chips & aioli	7
Leaf & tomato salad with red wine vinegar dressing	7

DRINKS

COLD DRINKS							
Sparkling water 330ml / 500ml	5/6.5						
Somersault craft soda 330ml Raspberry vanilla • Lemon squash Lime & pineapple • Cola with pear & lime Ginger beer • Pink grapefruit & ginger	5						
Remedy Kombucha 330ml Cherry plum • Peach • Lemon ginger Raspberry Lemonade • Passionfruit	5						
COFFEE, TEAS & HOT DRINKS	LARGE						
Espresso coffee - white or black - using STREAT's own social blend	4.8	5.5					
Iced Latte	5.5						
Chai latte or iced chai latte	4.8	5.5					
Hot or Iced chocolate	4.8	5.5					
TEA English breakfast • Earl Grey • Peppermint Green • Chamomile • Ginger & lemon	4						
MILK ALTERNATIVES							
Alt Dairy Co. oat milk Milk Lab almond milk Milk Lab lactose-free milk Bonsoy soy milk	0.5	0.8					



ABOUT STREAT

STREAT is one of Australia's leading hospitality and food systems social enterprise. We run eight cafés, a coffee roastery, an artisan bakery and a catering & functions business and in 2022 we started to train young people in horticulture - urban farming and gardening. The only reason we exist is to help marginalised young people who really need a hand.

In the past decade we've supported over 3000 young people whilst gaining over 241,226 hours (that's over 40 years!) of life-skills support, hospitality and horticulture training and work experience.

Here's the help we provide:

BELONGING — social and creative activities, the chance to make new friends.

HEALTHY SELF — wrap-around support including individual case management, linkages to specialist services (drug and alcohol, mental health housing services), group life skills programs.

HEALTHY JOB — a range of vocational training programs (accredited courses, work experience programs, short courses), workplace training and mentoring across STREAT's cafes, kitchen and bakery.

HEALTHY HOME — ensuring all youth have safe and secure housing (housing services).

WE'D LOVE YOUR HELP

HERE'S A FEW WAYS YOU CAN GET INVOLVED

SHARE

Tell others about us, share a meal or coffee with family and friends at our various cafés and kiosks

BUY OR DONATE

Buy our coffee for home or work, buy a STREAT cookbook from a café or online (streat.com.au), make a donation (we're a registered charity and all donations over \$2 are tax deductible)

EVENTS & CATERING

Christmas parties, canapes, daily catering, networking events, weddings, birthdays – we'll cater them all! Host a function at our Cromwell St Cafe. or we can come to a location of your choice. Food, drinks, equipment & staff – we take care of everything. Ask us today!

CONNECT

Join our mailing list: STREAT.com.au
Follow us: @STREATMelbourne
Call us on: (03) 9629 4222

PATHWAYS INTO LEARNING AND EARNING

LEARNING (2-4 months+)

EARNING (9 months+)

ENGAGEMENT

Young person comes to STREAT

HOSPITALITY

or

HORTICULTURE

FAST TRACK TO WORK

Fully supported 8 week program:

- · Personalised support
- · Life-skills & employability training
- Work experience

PAID TO WORK

Over 700 hours of:

- · Personalised support
- Employment (15-25 hours week and tailored to personal circumstances)
- Employer support (STREAT also trains and supports the trainee's employer)

WHAT OUR TRAINEES SAY...

"They make us feel as though we existed, they could see us, they acknowledged us every time by saying hello and using our names – every time!"

"They don't look at your past, they look at your future."

"STREAT is good for my head and heart."

"It's hard to say how or why, but a sense of connection slowly grows up over you, like a friendly plant."

"You've given me hope, a future and a solid job – you believed in me before I believed in myself."

100%

OF ORGANIC WASTE BEING DIVERTED FROM LANDFILL EACH YEAR

(more than 25 tonnes each year)

SINCE 2017 WE'VE SAVED OVER **28 TONNES** OF USED

COFFEE GROUNDS
GOING TO LANDFILL

preventing more than 52 tonnes of greenhouse gases from being produced

OVER 80% OF OUR PRODUCE

IS SOURCED IN VICTORIA

It's also fresh, local, seasonal, preservative and cruelty free (and half our menu is vego)



A DECADE OF PROGRAM IMPACT

PF	ROGRAMS	09 /10	10 /11	11 /12	12 /13	13 /14	14 /15	15 /16	16 /17	17 /18	18 /19	19/20 COVID	TOTALS TO DATE
	ENGAGEMENT	-	-	-	-	-	-	-	177	556	676	393	1802
	TASTE OF STREAT	-	-	-	-	46	69	49	74	35	6	15	267
	INTRO TO WORK	-	-	-	19	29	31	32	39	24	25	20	219
	READY TO WORK	9	16	44	26	30	30	54	47	38	20	11	325
	CREATIVE PROJ.	-	-	-	-	-	-	6	-	-	-	-	6
	PAID TO WORK	-	-	-	-	-	2	6	8	7	3	7	33
	STREAT EMPLOY	-	-	-	-	-	-	1	1	2	-	-	4
	TOTALS	9	16	44	45	105	132	148	346	662	730	446	3114



241,226 HOURS
OF TRAINING, SUPPORT
& WORK EXP. PROVIDED
(over STREAT's first decade)



5,750 HOURSOF SUPPORT PROVIDED BY MAGIC (our therapy dog)

76% OF STREAT GRADUATES
ARE STILL IN EMPLOYMENT, EDUCATION OR TRAINING.
(compared with only 27% in the sovernment's national lobactive program)

WE'VE NOW SUPPORTED OVER **3,114** YOUNG PEOPLE, **587** OF THEM INTENSIVELY