

## BREAKFAST ALL DAY

<b>Tropical Bircher</b> with acai sorbet, granola crunch, fresh fruits and coconut [vv]	17
<b>Morning Ciabatta</b> scrambled egg and bacon scrambled egg and spinach with STREAT tomato relish	16 14
<b>Sourdough Toast</b> <i>with your choice of:</i> daily STREAT preserve / Vegemite / peanut butter (GF option available)	10
<b>Free Range Eggs</b> scrambled, poached, fried on sourdough toast (GF option available)	14
<b>French Toast</b> with strawberries, almond praline, lemon curd whipped creme fraiche [v]	22
<b>Corn Fritters</b> with poached eggs, chimichurri salsa, barbecue mayo and your choice of bacon or smoked salmon [GF] (V option available)	23
<b>Avocado Toast</b> with goat curd, olive jam, sumac, STREAT Beetroot Relish, herbs, Mt Zero olive oil [v] (Vegan option available) add egg 3 / add smoked salmon 7	22
<b>Brown Rice Breakfast Bowl</b> topped with silken tofu, edamame, Japanese pickles, seaweed and vegetables [GF] [vv] add egg 3 / add smoked salmon 7	22
<b>Mexican Black Bean Skillet</b> with fried eggs, ranchero sauce, tortillas and cheese [GF] [v] add chorizo 6	22

## SIDES

Extra egg / STREAT Tomato Relish / Maple syrup / <b>Mabu Mabu</b> Pineapple Hot Sauce	3 ea
Confit tomato / Sauteed spinach / Kimchi (vegan)	4 ea
Marinated feta / Vegan feta / Tater tots	5 ea
Chorizo / Bratwurst / Bacon / Avocado half	6 ea
Smoked salmon	7

**FOR DINE-IN RESERVATIONS (90 MINUTE SITTINGS)**

**STREAT.COM.AU/CAFES**

**(03) 9629 4222 OR CROMWELL@STREAT.COM.AU**

Wi-Fi: [streatcoffee](#) • Weekend surcharge: 10%

Gluten Free [GF] • Dairy Free [DF] • Vegan [vv] • Vegetarian [v]

## LUNCH FROM 11AM

<b>Slow Roast Pork Roll</b> with grilled <b>Mabu Mabu</b> Pineapple Hot Sauce, slaw, dill pickle crisps add fries 5 (GF option available on brown rice)	22
<b>Crusty Panino</b> with eggplant and cheese fritters, tomato sugo, artichoke & lemon cream, giardiniera and herbs [v] add fries 5 (GF option available on brown rice)	22
<b>Smoked Chicken Salad</b> with tarragon dressing, asparagus, butter lettuce, potato, egg, preserved lemon and white bean puree [GF]	22
<b>Grilled Marinated Tofu</b> satay sauce, rice noodle salad with green mango, herbs and lime dressing [GF] [vv]	23
<b>Cromwell Salad</b> chopped leaf salad of iceberg, with spiced chickpeas, beetroot, cucumber, crunchy sprouts, date and pomegranate [GF] [DF] <i>with your choice of:</i> Turkish cured beef / Tuna / Edamame & toasted cashews	23

## EXTRAS

Fried Brussels sprouts with okonomi sauce, ginger & sesame [GF] [vv]	10
Roasted cauliflower with spicy Jamaican jerk marinade [GF] [vv]	12
Tater tots with Japanese curry gravy [GF]	11
Thick-cut chips with seaweed salt and Japanese spicy mayo [GF]	11

## STREAT

*Tastes good. Does good.*

STREAT is one of Australia's leading hospitality and food systems social enterprise. We run seven cafés, a coffee roastery, an artisan bakery and a catering & functions business. In 2022 we began training young people in horticulture, urban farming and gardening. **The only reason we exist is to help marginalised young people who really need a hand.**

Since 2010 we've supported over 3000 young people whilst gaining over 241,226 hours (that's over 40 years!) of life-skills support, hospitality and horticulture training and work experience.

**" You've given me hope, a future and a solid job – you believed in me before I believed in myself "**  
- STREAT trainee -

## HOT DRINKS

### COFFEE *Roasted onsite by STREAT*

<b>Social Blend</b> — our house blend made with <b>St David Dairy</b> milk	4.8
Large cup	5.5
Batch brew — rotating filter roast	5
Iced filter — rotating filter roast served chilled	5

### TEA & OTHER DRINKS

Breakfast / Earl Grey	4.5 ea
Peppermint / Chamomile / Lemongrass & Ginger	4.5 ea
Chai latte — <b>Tea Drop</b> chai with milk	5.5
Hot chocolate — <b>Unicorn Tears</b> [GF] [V]	5.5
Iced chai / Iced chocolate / Iced coffee	7.5

### MILK ALTERNATIVES

<b>Alternative Dairy Co.</b> oat milk	+ 0.5 ea
<b>Milk Lab</b> almond milk	
<b>Bonsoy</b> soy milk	

## SOFT DRINKS

<b>Lemon Lime Bitters</b>	6.5
Fresh lemon, lime, bitters and <b>Somersault</b> lemon squash	
<b>Somersault Soda</b> 330ml	
Cola & Lime / Lemon Squash / Ginger / Raspberry & Vanilla	5.5 ea
<b>Remedy Kombucha</b> 330ml	6.5 ea
Lemon Ginger / Raspberry Lemonade / Cherry Plum	

## HARD DRINKS *Ask about our cocktail menu*

<b>Cromwell Bloody Madam</b>	14
tomato, horseradish, Worcestershire and house-made Habanero spice mix with vodka or gin	
Non-alcoholic	8
<b>Aperol Spritz</b>	13
classic 3-2-1 with <b>Fowles</b> 'Are You Game' Sparkling and orange wheel	

### CANS

<b>Two Bays Brewing Co.</b> Lager 375ml ( <i>Dromana, VIC</i> ) [GF]	12
<b>Collingwood local brewery</b>	11
ask about the current local beer on offer	

### WINE

<b>Fowles</b> 'Are You Game' NV Sparkling ( <i>Strathbogie Ranges, VIC</i> )	11 / 45
<b>Mount Langi Ghiran</b> 'Vine Road' 2020 Pinot Gris ( <i>Grampians, VIC</i> )	11 / 45
<b>Mr Riggs</b> 'The Gaffer' 2017 Shiraz ( <i>McLaren Vale, SA</i> )	11 / 45
<b>Goody Goody</b> Rosé ( <i>King Valley, VIC</i> )	11 / 45

## JUICES & NON-DAIRY SMOOTHIES

Orange juice / Apple Juice — <b>Market Juice</b>	7.5 ea
Squeezed daily at Queen Vic Market	
Smoothie — dragonfruit, strawberry, orange, mango	12.5
Smoothie — banana, raw cacao, oat milk, hemp seeds, dates, Himalayan pink salt	13

# STREAT

### SOCIALLY & ENVIRONMENTALLY IMPACTFUL



**76% OF STREAT TRAINEES** ARE STILL IN EMPLOYMENT, EDUCATION OR TRAINING 6 MONTHS AFTER COMPLETION compared with 27% in government Jobactive program



**33 TONNES** OF USED COFFEE GROUNDS SAVED FROM LANDFILL SINCE 2017 preventing more than 52 tonnes of greenhouse gas production



**OVER 80%** OF OUR PRODUCE IS SOURCED FROM VICTORIA  
*It's also fresh, local, seasonal, preservative and cruelty free*

STREAT is a food systems social enterprise dedicated to helping young people who really need a hand.

Make your next meal, coffee or event life-changing.

### HERE'S HOW YOU CAN HELP

A few ways you can get involved:

#### SHARE

Tell others about us, share a meal or coffee with family and friends at our various cafés and kiosks

#### BUY OR DONATE

Buy our coffee for home or work, buy a STREAT cookbook from a café or online, make a donation - we're a registered charity and all donations over \$2 are tax deductible.

#### EVENTS & CATERING

Christmas parties, canapes, daily catering, networking events, weddings, birthdays — we'll cater them all! Host a function here at Cromwell St. or we can come to a location of your choice.

Food, drinks, equipment and staff — we take care of everything.

Ask us today!

#### CONNECT

Join our mailing list: [STREAT.com.au](http://STREAT.com.au)  
Follow us: [@STREATMelbourne](https://www.instagram.com/STREATMelbourne)  
Call us: (03) 9629 4222

"Before STREAT I had no direction in life. I didn't know how to go forward."  
- STREAT trainee -

"STREAT is good for my head and heart."  
- STREAT trainee -

"It means everything. It saved my life"  
- STREAT trainee -

"They don't look at your past, they look at your future."  
- STREAT trainee -