# Youth Programs



## TASTE OF STREAT

Taste of STREAT workshops are half-day workshops for young people interested in STREAT's Youth programs.

Taste of STREAT provides young people and their workers with a taste of STREAT including making coffee, planting herbs and eating pizza whilst learning about STREAT, what the program involves and the employer opportunities available. This might just be what a young person needs before committing to a longer program. These fun Taste of STREAT workshops are for young people and their worker

## FAST TRACK TO WORK

Fast Track to Work is a supported 8-week program for young people facing barriers to employment who are seeking work in hospitality or horticulture (e.g. gardening, urban farming, landscaping, indoor plants).

Fast Track to Work includes workplace experience, fun and interactive work readiness workshops, social engagement and individual case support (including linkages to specialist service providers). Our work readiness curriculum is delivered by our Youth Programs Team who run experiential workshops focusing on a number of areas, including self-care, basic living skills, budgeting, healthy relationships, teamwork, self-regulation, emotional regulation, legal rights, employee rights, interview skills.

This holistic program requires approximately 18 hours per week which can be spread over as few or as many days as works for the young person. Fast Track to Work prepares and equips young people with the essential knowledge and skills to transition into the workforce with greater confidence and aptitude. Most young people doing this program move into our 9-month Paid to Work program (see below).

#### Fast Track to Work provides:

- Individualised intake and needs assessment
- Roll in, roll out group program, meaning a young person can commence when they are ready
- Two months of hands on, weekly work experience shifts in one of STREAT's real businesses catering kitchen, a la carte kitchen, bakery, or in one of our many cafés, kiosks, and partner horticulture sites (2-3 shifts per week)
- Individual support including:
  - » Developing personal work-readiness goals and action plan
  - » Linkages to specialist service providers
  - » Time with Magic, our fully trained and qualified Therapy Assist Dog
- Work Readiness program (facilitated by our qualified Youth Programs team)
- The opportunity to be referred to STREAT's Paid to Work program, which involves 9 months of paid employment with one of our partnered employers offering 20-25 hours a week (see below for more information)
- Or transition support into other open employment or education goals.

Over the last decade, STREAT has an outstanding track record of transitioning 76% of graduates into employment or education. We have a therapy dog too!

## PAID TO WORK

Paid to Work is a nine-month program offering young people who complete Fast Track to Work, an opportunity to transition into 20-25 hours a week of paid employment facilitated through one of our partner employers in Hospitality or Horticulture.

#### Paid to Work provides:

- Paid employment for nine months in hospitality or horticulture
- Intensive post-placement support for both the young person and the employer for the nine months
- On the job training
- An opportunity to continue employment with partnered employers once the program has completed

### SUITABILITY CRITERIA FOR FAST-TRACK TO WORK

Aged between 16 – 24	~
Eligible for employment in Australia	~
Interested in working within hospitality or horticulture	~
Primary goal to work	~
Committed to participating 3-4 days per week for 8 weeks	~
Basic ability to read and write	~
3 – 6 months clean off drugs	~
Effective management / treatment of any mental health or other issues	~

## HOW TO APPLY

Download information and an application from our website: www.STREAT.com.au

Or call Youth Programs on **(03) 9629 4222** to have a chat or make a time to meet

Or scan the QR code below.

We look forward to hearing from you!







## STREAT is a hospitality-based social enterprise that provides supported pre-vocational training and holistic personal support to young people aged 16–24 who really need a hand.

STREAT exists to make a difference to young people who face a range of barriers and disadvantage. We aim to provide a sense of connection, safety and belonging to our young people.

We want our young people to thrive in all parts of their lives. We want them to feel a sense of belonging at STREAT, and know deeply that we're here to help them achieve a healthy self, healthy job and a healthy home.

**BELONG** — We want a young person to always feel at home at STREAT.

**HEALTHY SELF** — We provide wrap-around support including individual case management, linkages to other specialist service providers as needed (drug and alcohol, mental health, housing services), group work readiness programs, and creative and social activities.

**HEALTHY JOB** — We provide a range of hospitality and horticulture programs including, work experience programs, and short courses. We also provide workplace training and mentoring for each young person across STREAT's inner Melbourne cafés, kitchens and partner horticulture sites. As a social enterprise, STREAT reinvests 100% of its profits back into supporting and training youth.

**HEALTHY HOME** — We work towards our young people having a safe and long-term place to live through relationships with a wide range of Melbourne housing services and supporting the development of their independent living skills

#### **CROMWELL YOUTH TRAINING ACADEMY**

After years in the making we opened our Collingwood youth training academy in 2016 to allow STREAT to further scale its programs to a greater number of young people each year. STREAT's model takes young people who find it hard to gain employment, and provides them with support skills, and transition into open employment. STREAT provides real work experience in our artisan bakery, production kitchen, multiple café sites and partner horticulture sites.



RMIT Café

RACV Café



CERES